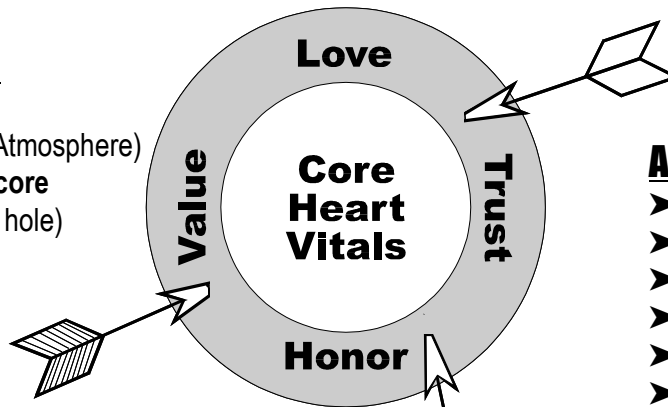


HEALTHY RELATIONSHIPS

Healthy Cellwall

- Strong Cushion
(Immune System Atmosphere)
- Arrows don't hit core
(Scratch vs. Bullet hole)



Arrows

- disrespect
- unkindness
- disagreements
- injustice
- sins
- offenses

Basic Arrow Removal

- Honest Communication to Person
- Forgiveness/Reconciliation
- Compromise/Cooperation
- Submission (Trust God)

When we are healthy and deal with arrows properly, arrows can actually strengthen us (vaccination), build more trust, confidence, wisdom, and skill in our relationships.

Note:

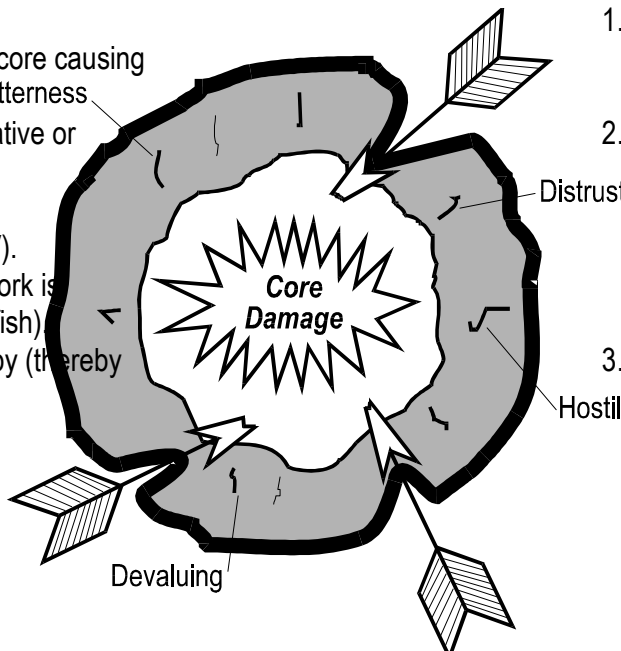
1. Life is not a germ free environment. We will have arrows hit us, but they should not seriously damage us.
2. If love and trust are strong there will be fewer offenses (love covers a multitude of offenses).

UNHEALTHY RELATIONSHIPS

Road Back to Health

Unhealthy Cell Wall

1. Arrows go right to the core causing severe damage. Bitterness
2. Mere survival, not creative or productive (ill).
3. Every minor offense becomes a threat (HIV).
4. Cooperation or teamwork is impossible (hurting/selfish)
5. Can infect others nearby (thereby many defiled).



1. Follow basic Arrow removal techniques.
2. Inner-healing comes from the Holy Spirit and God's Word.
3. Rebuild Trust
 - a. Attitudinal change through the Holy Spirit & God's Word.
 - b. Commitment to deal with future arrows quickly