

Life Analysis Questions:

- HEAT - What is your situation?
- THORNS – How did you react? What do you want & believe? **PUT OFF**
- CROSS – Who is God & what does He say and do in Christ about my situation?
- FRUIT – How is God calling me to seek Him in repentance? How should I respond *differently* because Christ died for me? **PUT ON**

A Dummies Guide to Implementing the PutOFF/ON mentality

For the next week keep a daily record of all events, activities, or situations (good or bad) that resulted in: _____ (your PutOFF/ON)

For each of these situations answer:

- What happened that provoked me or led me to give into temptation?
- What did I say and/or do?
- What does the Bible say about what I did and/or said?
- What should I have done/said?

Day: _____ Time: _____ Describe Situation: _____

What you said/did: _____

What does the Bible say: _____

What should/will you have done: _____

God's Call to Discontentment

March 25, 2007
Heb 4:14-5:10

Oakbrook Community Church (PCA)
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Reality Check:

Most of us live in the Thorn Bush...



God's Call to Discontent (self-examination) :

1Cor 11:28; Psa 26:2; Gal 6:3-5; 2 Cor 13:5-7
Psa 139:23-24; Hos 10:12; Heb 11:6

Self-Examination with CONFIDENCE in LIGHT of our HOPE as New Creatures in Christ because of the Work of Our Great HIGH PRIEST **Heb 4:14-5:10**

1. God is not surprised by my struggle. **4:15; Rm 5:8**
2. Scripture is for ME and gives me HOPE! **4:15-16**
3. Christ enters into MY STRUGGLE! **5:2**
4. Christ will help ME in MY STRUGGLE with Sin **4:16**
5. Christ pleads my case to the Father. **4:16**
6. All I need do is come JUST AS I AM with confidence in His provision **5:9**

Real Hope for victory is Found ONLY IN CHRIST... But How? **Eph 4:17-24**

17-19 Don't live like a Thorn Bush – PUT OFF

20-24 Live like a Fruit Tree – PUT ON **Christlikeness**



Check-Up

- Do a Thorn inventory (complaining, laziness, anger, lust, etc.)
- In what areas have you 'accepted' your thorns?
- Where have you slacked off in Fruit production?
- Where have you blamed others for your thorns?
- How have you dealt with your frustrations with thorns by resorting to unhealthy things (eating, shopping, escaping to TV, music, movies, books, emphasis on appearance?)